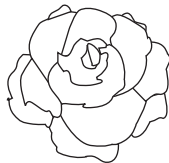
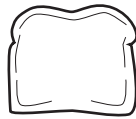
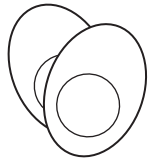




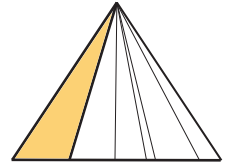
Healthy Eating: Food Pyramid Match-Up

Eating healthy foods gives you more energy to play and can even help you do better in school!
Below are pictures of food pyramids: diagrams that tell us the foods that are healthy to eat.

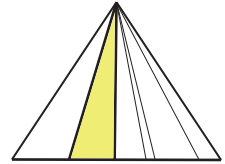
MATCH each food to its **CORRECT** place in the food pyramid.



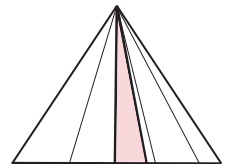
GRAINS



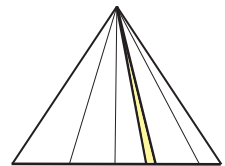
VEGETABLES



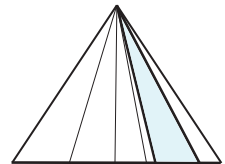
FRUITS



OILS



DAIRY



**MEAT & BEANS
(eggs included)**

