

Name: _____

Independent Living Skills Review

Fill in the best answer for each question.

Word Box

ability
laundry
own
skills
yourself

decide
little
proud
sooner

Identify
now
rewarding
sports

independent
opportunities
self-esteem
Volunteering

1. Being independent is being able to take care of _____
and to live on your own to the best of your _____.
2. Learning to be independent will make us feel _____
and boost our _____.

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3. Learning to be independent will also make us happier and able to live a more _____ life.
4. Independent living skills are those skills that will help you become _____.
5. You should begin learning these skills _____.
6. The _____ the better.
7. It takes time to master independent living _____.
8. You need to _____ it is important to learn independent living skills and make the choice to begin to learn them.
9. Start off with the _____ things. Those things that you are already capable of doing and should be doing.
10. If you can do something on your _____ and are allowed to then you should be doing it.
11. _____ those skills you have not yet learned; look and ask for the _____ to learn them.
12. Learn to heat up meals in the microwave, grocery shop, and do _____.
13. Get involved in clubs, _____, or other activities.

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14. _____ and being involved in activities, is a great way to gain social skills.

Independent Living Skills Review

1. Being independent is being able to take care of (yourself) and to live on your own to the best of your (ability).
2. Learning to be independent will make us feel (proud) and boost our (self-esteem).
3. Learning to be independent will also make us happier and able to live a more (rewarding) life.
4. Independent living skills are those skills that will help you become (independent).
5. You should begin learning these skills (now).
6. The (sooner) the better.
7. It takes time to master independent living (skills).
8. You need to (decide) it is important to learn independent living skills and make the choice to begin to learn them.
9. Start off with the (little) things. Those things that you are already capable of doing and should be doing.
10. If you can do something on your (own) and are allowed to then you should be doing it.
11. (Identify) those skills you have not yet learned; look and ask for the (opportunities) to learn them.
12. Learn to heat up meals in the microwave, grocery shop, and do (laundry).
13. Get involved in clubs, (sports), or other activities.
14. (Volunteering) and being involved in activities, is a great way to gain social skills.

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This worksheet was created with the Fill-in-the-Blank Worksheet Generator on Super Teacher Worksheets (www.superteacherworksheets.com).

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