

# Chef Solus Food Group Word search Puzzle!



O R R N I E T O R P  
G R A I N S V Z I M  
T Q K M R L E I Q P  
D A I R Y I G U O M  
K X J M A O E F V Y  
N O I T I R T U N V  
G M I N E R A L S F  
S T I U R F B O I M  
M Q W C D R L B C E  
G R X I U P E U U A  
U P M U R R S V N T

GRAINS  
OILS  
NUTRITION  
FRUITS  
MINERALS  
VEGETABLES  
FIBER  
DAIRY  
PROTEIN  
MEAT

The Food Groups

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