

**Read the passage and answer the questions.**

**Highlight important information. Write neatly.**

## ***Watermelon***

What is round, green on the outside with red on the inside and sometimes has seeds? If you are thinking what I am thinking, then it's a watermelon! But did you know that there are actually more than just red watermelons? In fact, there are 50 different varieties of watermelon.

The types of watermelon change the flavor, as it is different from the others. Some have more sugar and are therefore, sweeter. While others have a different colored outside or rind. A rind is what the outside of the watermelon is called. Not only does the color of the rind change based on the watermelon type, but so does the shape. There are the watermelons that are round and then there are the oblong shaped watermelons. Even with 50 varieties of watermelon, there are four basic types: seedless, icebox, picnic and yellow/orange fleshed.

Seedless watermelon were made for those that don't like spitting out seeds. Surprise, these watermelons actually do have seeds. They are just not fully developed seeds. Seedless watermelon generally weigh 10-20 pounds.

Unlike the seedless watermelon, picnic watermelons usually weighs 16-45 pounds. Picnic watermelon are larger. As the name would have it, these are perfect for having a picnic or having a large group. Picnic watermelons are both oblong and round melons, with green rinds and red flesh.

Icebox watermelons have dark green rinds, with a sweet red inside. These melons are usually smaller about 5-15 pounds and are meant to feed either one person or a small family. There a few of the sweetest watermelons in this variety. The amount of sugar the melon produces is higher than the others.

Yellow/Orange watermelons tend to be round in shape. They can be either seedless or seeded (with seeds). Some would say that yellow and orange watermelons are sweeter than red watermelon. Some even describe the yellow watermelon as having a little hint of honey in the flavor.

Do not fear!! Whether you chose to eat a watermelon that has seeds or is seedless, red or yellow they all have some incredible benefits. Watermelon can help you stay hydrated as it has a lot of water in it. Since it has so much water and fiber, it helps you feel full without eating too many calories. Red watermelons have the same antioxidant that tomatoes have that give it that nice red color. While the yellow and orange watermelons are rich in beta-carotene, like a carrot. Overall, watermelon is a low-calorie fruit that is high in nutrients, fiber and water.

Watermelon is often a summer time treat for many because it is refreshing and tastes so good! Do you enjoy eating watermelon?

Packet #4

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. What is the passage about?

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2. How many varieties of watermelon are there?

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3. What are the four basic types of watermelon?

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4. What type of watermelon usually weighs the most?

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5. What type of watermelon is said to have a hint of honey flavor?

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6. Watermelons are red like what other item?

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